



Food for Thought

3518 SW Genesee Street, Seattle, WA 98126

Winter 2006

(206) 932-9023

A letter from the Director

This year brings two amazing milestones for this agency. In January construction began on the new West Seattle Food Bank and Community Resource Center. This year is also the 25th anniversary of this organization. The success that we have enjoyed is evidence that this community is one that cares deeply for our neighbors.

Our new Community Resource Center, on the corner of 35th Ave. SW and SW Morgan, will do more than provide the community with the means to allow all of our neighbors access to basic needs such as food and affordable housing. The services provided will help individuals gain the support to engage in meaningful employment, access basic health care, and realize the potential that an individual with strong support can attain.

The Junction Community Food Bank began in 1981 with a group of dedicated volunteers determined that neighbors in this community would not go hungry. We later changed our name to the West Seattle Food Bank to better reflect the community we served. Every year the

WSFB has grown stronger because the commitment of community members to end hunger increases.

We are very proud that this organization has such strong support and has so diligently persisted in improving the services we offer. We extend a very sincere thank you to those who have been our partners in our mission to end hunger in this community.

The three projects | one community campaign is a comprehensive effort to address a variety of the needs of low-income families in West Seattle through strategic partnerships. West Seattle is made up of only 90,000 people, 25,000 of whom will be directly affected by these projects. That means over 25% of our population will be served and we (you and I and our families) will be impacted by the success of those that are touched. If you would like to know more about the projects or how you can support this endeavor, please contact the West Seattle Food Bank or visit the three projects | one community website at www.onecommunitycampaign.org.

Debra Burnett is the newest staff member of the West Seattle Food Bank. She and her family moved to West Seattle from Boston, via San Francisco, in August of 2003. She became a volunteer at the West Seattle Food Bank in October 2005 and when a position became open in December she jumped at the chance to work for us. Debra has been a professional photographer for 25 years and is very interested in becoming more active in serving her community.

Alice Truss is an enrollee with the AARP Senior Employment Program. She had been volunteering at the food bank on Thursdays for about 6 months. Alice knew of the services we provided and had been a contributor to the West Seattle Food Bank. After she lost her job and became divorced she found herself in need of our services. When she started coming to the food bank she decided she wanted to become a volunteer. When staff learned that we could have Alice's cheery face here 5 days a week and help her prepare for employment we were thrilled. Alice enjoys seeing the joy on our clients faces when distributing food. She also appreciates the kindness and genuine caring of the staff; how clients are



Pictured from left to right: Fran Yeatts, Executive Director; Alice Truss, AARP Enrollee; Debra Burnett, Operations Assistant; Allison Buri, Operations Manager.

always treated with dignity and respect and that the food bank is maintained in a clean and organized manner.

The AARP Senior Employment Program helps seniors to prepare for and find employment.

Community Support

In 2005 the West Seattle Food Bank responded to over 25,275 requests for food from hungry families in this community.

This meant that 8,862 individuals benefited from our services.

On average, a family received almost 32 pounds of food per visit and almost 300 almost pounds of food during the year.

We greatly appreciate the organizations listed below that have offered exceptional assistance during the 2005 calendar year.

- The **Stocker Foundation** donated \$10,000 to help us purchase food and other supplies.
- **Thrill Hill Productions** and donations generated through the **Bruce Springsteen** concert in Seattle amounted to almost \$6,000.
- **The Metropolitan Market** donated \$5,060 and **Morgan Thriftway** donated approximately \$2,000 in 2005 as a result of the 1% program.
- **Starbucks Coffee** contributed \$6,000 towards operating expenses and well over 2,000 pounds of food was donated by employees.
- **Plymouth Poultry** and employees donated \$4,880 and the family of one employee donated 75 turkeys and gift certificates for families during the holiday season.
- **Nucor Steele** donated \$4,640 to match the incredible 4,640 pounds of food donated by their employees.
- The following businesses and organizations donated \$2,000 or more to the West Seattle Food Bank in 2005: **The First Lutheran Church; The Parents Club of the Holy Rosary School; Elliott Bay Brewing Co.; Courtesy Accounting, Software & Consulting; and Sound Yoga.**
- The following businesses and organizations donated \$1,000 or more in 2005:
St. John the Baptist Episcopal Church, IAC Interactive Foundation/USA Network, Rainier Investment Management Inc, Church World Service, Tibbetts Church, Sisters of Providence, Columbia Builders, Inc., Law and Law Partnership, New West and Seattle Police Employees Charity Fund.

- The following businesses donated between \$100 and \$1,000 to the West Seattle Food Bank: **West Side Presbyterian Church, Washington Mutual Bank, Fauntleroy Church U.C.C., Doxa Church, The Beverage Place Pub, PCC, Roth and Roth Realtors, Hope Lutheran Church, Seattle Auto Air Conditioning, Feinstein Foundation, New Leaf Landscaping, Southwest Hand Therapy Services, Peace Lutheran Church, W.S. Unitarian Fellowship, Merrill Gardens, Providence Mt. St. Vincent, Evergreen Bowling League, The Kenney Home, the West Seattle Ministerial Association, employees of the West Seattle Post Office, The Democratic Women's Association, the staff of the Bill and Melinda Gates Foundation, the NACCC, Crown Chapter #249, Enterprise Network Solutions, J.D. Construction and Design, Kay's Transcription Service, Phelps Tire Company, Qwest Pioneers of America, West Gate Court #21, Sound Physical Therapy, West Seattle Yacht Club, and Alki Escrow.**

The West Seattle Food Bank purchased over 75,000 pounds of food to supplement the many food donations we received during 2005. Some of our many donors included: **Food Lifeline, Northwest Harvest, Metropolitan Market, PCC, Admiral Safeway, Jefferson Square Safeway, Zatz, Costco, the West Seattle Farmer's Market, Starbucks Coffee, Morgan Thriftway, and Plymouth Poultry.** Several large food drives like the **Boy Scout Food Drive and the National Letter Carriers Food Drive and food donated through West Seattle churches, businesses and individuals** made a significant difference in what this agency was able to provide to our clients.

Businesses also donated: Van maintenance by **Tom's Automotive**, stationery and envelopes by **Olympus Press**, printing by **Liberty Bell Printing** and **Sudden Printing**, and projector and screen use by **AudioVisual Headquarters (AVHQ).**

This is only a partial list. There are **many** other individuals, businesses, and organizations that have partnered with us to end hunger in this community. We are so very grateful to every one of you for your generous support.



Campaign Update

The Three Project | One Community Campaign has been a unique collaboration between Delridge Neighborhoods Development Association (DNDA) and the West Seattle Food Bank (WSFB). We developed three separate projects that each combine affordable housing and space that is dedicated to serving the community's needs.

Croft Place Townhomes is fully occupied! Twenty-one families with over fifty children have a safe and beautiful place to call home. Artist residents began moving into Youngstown Cultural Center on January 1st and the grand opening was Friday February 24th.

Construction has begun on the West Seattle Food Bank & Community Resource Center, which will be completed in February of 2007.

We extend our sincere gratitude to over 600 donors who gave to the campaign. As we begin construction of the WSCRC, we still need your help to assure that the project finishes on solid financial ground. Please contact Fran Yeatts at West Seattle Food Bank, 206 932-9023; or Gina Hall at DNDA, 206 923-0917 x122; to make your gift to West Seattle. You may also donate on line at www.onecommunitycampaign.org.



West Seattle Food Bank and Community Resource Center project team. From left to right: Don Mar of MarPac Construction, Roger Tucker of Environmental Works, Philippa Nye of Delridge Neighborhoods Development Association, Erik Simon of MarPac Construction and Matt Ohlinger of MarPac Construction.

Meet the newest members of the West Seattle Board of Directors

Cara Mohammadian is a Realtor with Windermere who joined our Board of Directors in May of 2005.

“The longer I stay in West Seattle, the more I feel so incredibly lucky to be a part of such a vibrant and caring community. One hears of the sense of loneliness experienced by many people today, but nothing could be further from my family’s life here in West Seattle. My husband, my 2 sons and I know we are a part of a community that is exciting, interesting, diverse and caring. This is most illustrated by the way West Seattle has supported the West Seattle Food Bank and the One Community Campaign. It is this sense of community and caring that prompted me to want to join the board of the West Seattle Food Bank: to make sure that all the citizens of this wonderful place feel as we do, that West Seattle cares about the people who live here and that together we make this area a wonderful place to live for everyone!”

Trish Hurst is an independent Clinical Research Associate who joined our Board of Directors in July of 2005.

“Having recently relocated to West Seattle, from Gig Harbor, I am enjoying the spectacular sunsets on Alki Beach, selecting fresh (and yummy) produce from the Sunday Farmer’s Market, and browsing through the

eclectic shops along California Avenue. I joined the West Seattle Food Bank for a number of reasons, but mostly because giving back to my community and ensuring that members of this community have adequate food and support is important to me.”

Pete Spalding works at Fireside Bank in Marketing and joined our board in January of 2006.

“When I moved here from Louisiana I wanted to continue with my commitment to community involvement and advocacy. I have served on the University District Food Bank Board of Directors for 6 years, and am currently serving as Chair of the Pigeon Point Neighborhood, Chair of the City of Seattle Neighborhood Council and the Southwest Precinct Advisory Council. By working with the food bank board of directors I feel I am making an impact and helping families get through another day. I am also very interested in connecting with other non-profit agencies to add to the services we offer when our new facility is built.”

If you would like information on how you can become a volunteer or member of our Board of Directors contact us at (206) 932-9023.



Mission Statement

West Seattle Food Bank is committed to eliminating hunger in our area.

We do this by:

1. Securing and distributing quality nutritional food to clients
2. Educating clients about good nutrition
3. Increasing public awareness of hunger in our community
4. Coordinating community services for clients
5. Assuring continuity of services to clients through a convenient, accessible location.

Wish List

- ◆ Diapers
- ◆ Baby formula
- ◆ Paper & plastic bags
- ◆ Protein items
- ◆ Ensure
- ◆ Pet food
- ◆ Soap & toiletry items
- ◆ Copier paper
- ◆ Printing of quarterly newsletter

Food Bank Hours:

Monday: 9 a.m. -3 p.m.
Tuesday: 9 a.m. -3 p.m.
Wednesday: 9 a.m. -7 p.m.
Thursday: 9 a.m. -3 p.m.
Friday: 9 a.m. -3 p.m.
or by appointment

Board of Directors

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