Backpack Program Wish List
Weekly Backpacks are provided to West Seattle schools for children who are at risk of hunger over the weekend

**Individual Sizes**
- Shelf Stable Cow, Soy or Almond Milk
- Juice (Boxed or Canned)
- Applesauce/Fruit Cups (no sugar)
- Whole Grain Cereal/Oatmeal
- Tuna & Peanut Butter Snack Packs
- Cup of Noodle/Top Ramen
- Individual Meals (Soup, Chili, Ravioli, Mac n’ Cheese, Spaghetti O’s)
- Healthy Snacks (Graham or Animal Crackers, Granola Bars, Raisins, 100% Fruit Leather, Dried Fruits, Pretzels)

**Financial Donations**